

# INTERNATIONAL TOOL FAIR

## MINDS IN MOTION

APPLY BY  
SEPT 12



The International Tool Fair is an Erasmus+ and European Solidarity Corps event that brings together diverse organisations and project leaders within Youth, Sports, School Education, Adult Education and Vocational Education and Training sectors across Europe and beyond borders.

This year's theme, "Mental Health – Minds in Motion," is dedicated to exploring non-formal tools and approaches to Mental Health. It is designed to engage a range of participants, including teachers, sports staff, youth workers, VET professionals, volunteers, adult educators, researchers, and trainers.

**Event Dates:** 13-17 November, 2023

**Location:** Dunboyne Castle, Meath, Ireland

## WHO YOU'LL HEAR FROM

### Dr. Sharon Lambert | University College Cork (Ireland)

Dr. Lambert holds a Ph.D in Applied Psychology and years of research and practice within inclusion psychology in the areas of mental health, substance dependence, homelessness and trauma. Sharon conducts research within community settings and has worked to complete research projects with Focus Ireland, Nova Limerick, HSE Inclusion Health, YouthRise, Traveller Visibility Group and more.

### Wala' Al Smadi | Generations for Peace (Jordan)

Wala' Al Smadi is a Senior Programme Officer for Generations For Peace, a Jordan-based global non-profit. Generations For Peace empowers volunteer leaders of youth to promote active tolerance and responsible citizenship in communities experiencing different forms of conflict and violence.

## TRAININGS DELIVERED BY

#### Dublin City University (Ireland)

Connect, Create, Participate:  
tools exploring diversity,  
equity and inclusive mental  
health and community  
practices

#### Mieli Mental Health (Finland)

How to Talk about Mental  
Health with Pupils: a materials  
pack

#### Jigsaw

Power Threat Meaning  
Framework: a model for  
understanding mental health

#### Amir Abualrob

Palestinian performer and  
theatre-maker presenting  
tools on youth mental health  
practices